



32 VOLCANES

Nutrition Program



HOW WE WORK

Community visits and meetings every 6 weeks, including:

- Nutritional monitoring and medical consultations for children ages 6 months to 6 years
- Educational topics and conversations for the mothers, using Waldorf pedagogy strategies and techniques
- Provision of supplements and food
 - Incaparina, Chispuditos, and amaranth atoles
 - High quality eggs

Organic food production in community and family gardens; oyster mushroom modules; and medicinal plants and herbs

2024

Served 155 children from four rural communities

36 children graduated from the program at a healthy height and weight and without anemia

2023

Served 182 children from four rural communities

39 children graduated from the program at a healthy height and weight and without anemia



HOW TO DONATE

Outside Guatemala:

Donations can be made via our partner, [Foundation Todos Juntos](https://www.todos-juntos.org)
P.O. Box 533
Honey Brook, PA 19344
info@todos-juntos.org

Within Guatemala:

Direct deposit donations to
BI Cuenta Monetaria
Asociación 32 Volcanes
No. 233 0096 658



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